

# Introducing Off Ice Classes for Figure Skaters!

**Classes will cover:**

**Off Ice Jumps, Stretching, Conditioning, Movement**

**Mondays 5:40-6:10pm      Ages 6-9**

**Wednesdays 5:40-6:10pm      Ages 10+**

**Off Ice Classes are just \$5 per class with a pass  
10 Off Ice Class Pass for \$50      Walk-in Rate—\$6.50 per Class**

Classes will be held only with 3+ skaters in attendance

**Classes will run week of Nov 8th through week of Dec 13th**

No Class Wed, Nov 24th

Sign in for Classes at the Pro Shop Counter

Questions? Contact Skating Director, Michelle Lauerman

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816-442-6126

