Figure Skating Progression Chart

Centerpoint Medical Center
HCA Midwest Health System
Community Ice

US Figure Skating
Basic Skills Program

Snowplow Sam 1
(ages 3-6)

Snowplow Sam 2
(ages 3-6)

Snowplow Sam 3
(ages 3-6)

Basic 1 Youth
(ages 7-11)

Basic 1 Teen
(ages 12-16)

Basic 2

Basic 3

Basic 4

Basic 5

Basic 6

Basic 7

Basic 8

Low Freestyle
(FS 1-3)

High Freestyle
(FS 4-6)

Skaters in level Basic 3 and up are invited to skate on **freestyle** and **stroking** sessions and join our **Synchronized Skating Team**! Check out our monthly freestyle calendar for info!

Interested in competitions and ice shows or need a booster lesson? Please contact your instructor or Skating Director about supplemental private lessons!

Questions? Contact Skating Director Michelle Lauerman at 816-442-6126 or mlauerman@independenceeventscenter.com